

Gymnastics

Most gymnastics classes meet once a week for eight weeks, starting April 12.
Classes will not meet May 29 and 31.

Parent & Tot:	Intended as an introduction to gymnastics and gymnastics equipment for youngsters ages three and under. Participation of a parent is required.
Tiny Tots:	Children age three learn the basic skills of gymnastics.
Fantastic Fours & Fives:	Children ages 4-5 improve basic skills and learn advanced skills.
Tots:	Children ages 3-5 begin working on gymnastics equipment. The focus is on listening and taking turns.
Girls Bronze:	Participants ages 6-9 learn the basics of gymnastics and progress to more advanced skills. Conditioning is included.
Boys Bronze:	Participants ages 6-13 learn the basics of gymnastics and progress to more advanced skills. Conditioning is included.
Girls Silver:	Participants ages 10-13 learn the basics of gymnastics and progress to more advanced skills. Conditioning is included.
Advanced Gold:	Students ages six and up work on USAG routines while developing strength, conditioning and flexibility. Requires coach's approval.
Back Handspring:	An opportunity for for high school cheerleaders and gymnasts to work on their back handspring.

Parent & Tot

Monday, 9:30-10:20 a.m.
or 2-2:50 p.m.
Cost: \$65, Passholder A
\$80, Passholder B

Tots

Monday, 4:10-5 p.m. or
1-1:50 p.m.
Cost: \$65, Passholder A
\$80, Passholder B

Girls Silver

Monday, 4:15-6 p.m.
Cost: \$100, Passholder A
\$125, Passholder B

Tiny Tots

Monday, 11:30 a.m. –
12:20 p.m.
Cost: \$65, Passholder A
\$80, Passholder B

Girls Bronze

Monday, 5-5:50 p.m.
Cost: \$65, Passholder A
\$80, Passholder B

Advanced Gold

Monday, 4:15-6 p.m. **AND**
Saturday, 9-10:30 a.m.
Cost: \$125, Passholder A
\$150, Passholder B

Fantastic Fours & Fives

Monday, 10:30-11:20 a.m.
Cost: \$65, Passholder A
\$80, Passholder B

Boys Bronze

Monday, 5-5:50 p.m.
Cost: \$65, Passholder A
\$80, Passholder B

Back Handspring

Monday, 3:30-4:15 p.m.
Cost: \$65, Passholder A
\$80, Passholder B



On-line registration
is available for all
gymnastic classes.

An eight-week summer session begins the week of June 21.
Register at the Service Desk.
For further information, call 943-2350.

