

Ford Community & Performing Arts Center - GYM SCHEDULE - Effective September 6, 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
EAST COURT						
Open Recreation 9-11:30 a.m.	Open Recreation 5:30-8 a.m.	Open Recreation 5:30 a.m.-1 p.m.	Open Recreation 5:30 a.m.-1 p.m.	Open Recreation 5:30 a.m.-1 p.m.	Open Recreation 5:30 a.m.-1 p.m.	Boot Camp* 8-9:45 a.m.
Open Volleyball 11:45 a.m.-1:15 p.m.	Gymnastics \$ 8 a.m.-6:30 p.m.	Half Court Basketball 1-3:45 p.m.	Half Court Basketball 1-5:15 p.m.	Half Court Basketball 1-9:45 p.m.	Half Court Basketball 1-5 p.m.	Half Court Basketball 10 a.m.-7:45 p.m.
Half Court Basketball 1:30-4:30 p.m.	Half Court Basketball 6:45-9:45 p.m.	Girls' Youth Volleyball \$ 4-7 p.m. (begins Sept. 27)	Boot Camp 5:15-5:40 p.m.	Specials Gym Night \$ 6-7 p.m.	Youth Basketball \$ 5-6:45 p.m. (begins Oct. 7)	
Family Time 4:45-5:45 p.m.		Half Court Basketball 7:15-9:45 p.m.	Adult Volleyball \$ 6-9:45 p.m. (begins Oct. 12)		Half Court Basketball 6:45-9:45 p.m.	
WEST COURT						
Adult Basketball 9 a.m.-12 p.m.	Open Recreation 5:30-10:30 a.m.	Open Recreation 5:30-10:30 a.m.	Open Recreation 5:30-10:30 a.m.	Open Recreation 5:30-10:30 a.m.	Open Recreation 5:30-10:30 a.m.	Open Recreation 8-11 a.m.
Open Recreation 12-1 p.m.	Half Court Basketball 10:30 a.m.-1 p.m.	Half Court Basketball 10:30 a.m.-1 p.m.	Half Court Basketball 10:30 a.m.-1 p.m.	Half Court Basketball 10:30 a.m.-1 p.m.	Half Court Basketball 10:30 a.m.-1 p.m.	Half Court Basketball 11 a.m.-6:30 p.m.
Half Court Basketball 1-5 p.m.	Open Recreation 1-3:45 p.m.	Open Recreation 1-3:45 p.m.	Open Recreation 1-3:45 p.m.	Open Recreation 1-3:45 p.m.	Open Recreation 1-3:45 p.m.	
Open Recreation 5-5:45 p.m.	Half Court Basketball 3:45-9:45 p.m.	Half Court Basketball 3:45-9:45 p.m.	Half Court Basketball 3:45-9:45 p.m.	Half Court Basketball 3:45-9:45 p.m.	Half Court Basketball 3:45-9:45 p.m.	Family Time 6:30-7:45 p.m.
All activities are drop-in programs, except those designated by "\$." *Bootcamp is reserved for aerobic members or you may pay a drop-in fee to participate.						
Ford Community & Performing Arts Center - CLIMBING SCHEDULE - Effective September 6, 2011						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLIMBING WALL						
Open Climbing 12-5 p.m.	Open Climbing 5-9 p.m.	Open Climbing 5-9 p.m.	Open Climbing 5-9 p.m.	Open Climbing 5-9 p.m.	Open Climbing 5-9 p.m.	Open Climbing 1-7 p.m.

These schedules are tentative and subject to change. For the latest information concerning the wall or gym call 943-2350.

At certain times, use of the wall and gym is restricted to participants of field trips or scheduled parties. To schedule a field trip or a party, call 943-2381.