



City of Dearborn
Recreation Department

MEALS - ON - WHEELS ANNOUNCEMENT

WE NEED YOU!

To help deliver meals to shut-in elderly residents of our community in our nutrition (Meals-On-Wheels) program.

How often must I volunteer? Only once a week on a regular basis, or as a back-up driver (on call).

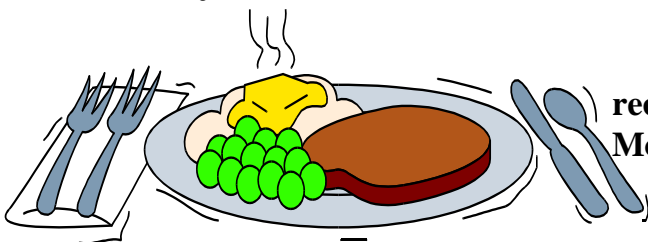
How long does it take? Approximately 1 to 1½ hours (starting around 10 a.m. and finishing around noon).

Where do I deliver meals? To needy elderly residents on routes consisting of 10 - 15 stops in either East Dearborn or West Dearborn.

How do I get the meals? Pre-packaged, nutritious meals are picked up from Sisson Manor – Mason & Beech (West Dearborn) or the Kennedy Plaza – Colson & Bingham (East Dearborn).

Are there any benefits? Yes, the good feeling you get knowing that you're helping someone in need. You are also reimbursed 33¢ per mile (on a monthly basis) for miles driven while delivering the meals.

Why should I volunteer? Right now there are 250 reasons. We have 250 homebound elderly residents of Dearborn who are receiving these meals daily, from Monday through Friday.



WE NEED YOUR ASSISTANCE TO HELP THEM

**ANYONE INTERESTED IN THIS WORTHWHILE ACTIVITY
PLEASE CALL Maryann - 943-2009**